

Campus Food and Nutrition Security Summit

Oct 24, 2024



Thank you to our
sponsors





Creating Change in Georgia through Science



- Science communication training for uni students and young professionals
- Science outreach events for adults
- Community feedback forums
- Advocating to ensure science has a seat at the table





ENVIRONMENTAL JUSTICE & CLIMATE PROTECTION CONFERENCE



- Food Roundtable, Sept 2021
- Spoke before Georgia General Assembly, Oct 2021
- Guides on:
 - Local task forces
 - Measurement metrics
 - Farm to School Programs



Brooke Lappe and Jordan Ellison speaking before the Senate Study Committee on Improving Access to Health

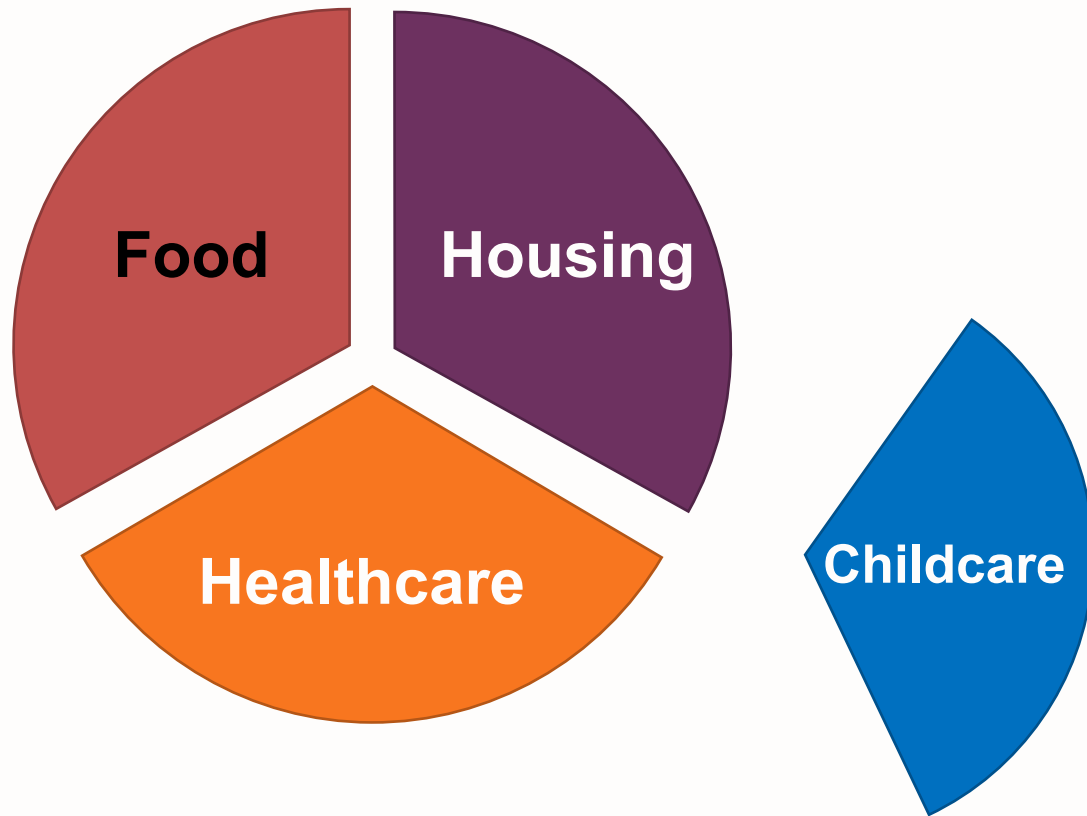


- Food is very personal and cultural.

- Food insecurity has deep seated systemic causes.

Bad Math:

Food + housing + healthcare + childcare = 120%



- The SNAP formula assumes families will spend 30% of their net income on food.
- HUD labels those who spend over 30% on housing as cost burdened. 30% of Americans are cost burdened.
- Lowest income earners spend 35% of pre-income incomes on healthcare.
- Childcare costs families who make under \$52K over 1/3 of their income.

Community-Based Food Coalitions

Share information

- Each community has unique needs and ecosystems
- Share who is doing what
- Effective programs
- Needed outreach and resources
- Prevents
 - Duplicative efforts
 - Falling thru the cracks

Share infrastructure

- Permanent infrastructure builds community confidence and buy-in
- Provides resilience during times of crisis
- Combine needs
 - Healthy food access
 - Education services
 - Family services
 - Health services

Dr Huanbiao Mo

**Dean, Georgia State University
Lewis College of Nursing and Health Professions**

Leslie Mack

**Assistant Director, Nutrition Services
Georgia State University**

Georgia State University

PANTHER'S PANTRY

Nourishing Student Success



SUPPORT SERVICES

Panther's Pantry provides short-term support to members of the Georgia State community who may be experiencing food insecurity or financial limitations.

Our services include:

- Item distribution
 - Food, hygiene, period products, ready to eat, produce, school supplies
- Nutrition education & support
- Resource connection



RESOURCE CONNECTION

Panther's Pantry connects students in need with the Office of Dean of Students to provide a broad approach to student CARE including:

Emergency financial assistance Case management
Resource support for:

Long-term food assistance Tuition and
academic assistance

Housing and rental assistance Transportation
assistance Employment assistance



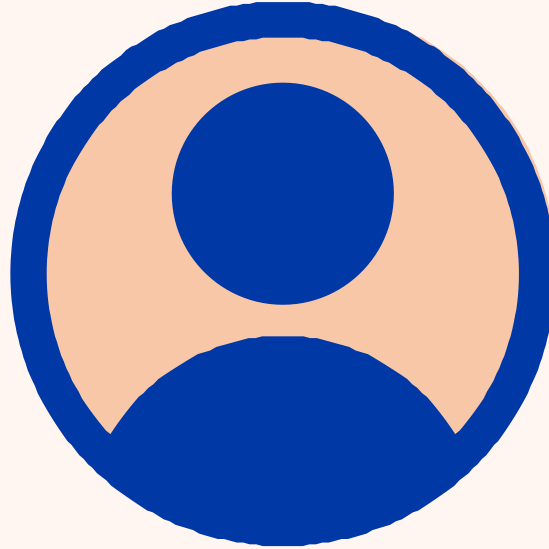
CONNECT WITH US



INFO

[Take a Pantry Tour](#)

Virtual visit of our Atlanta In-Person, pantry lockers, and more of what we do!



SOCIAL

[Instagram](#)

Visit our social for Budget Bites cooking demos, resources, and more!



WEB

[Pantry Website](#)

Visit our website to schedule a visit, visitor details, donate, and volunteer!

Dr Hally Rilley

**Data Services Specialist
Research Data Services Department
GSU Library, Georgia State University**

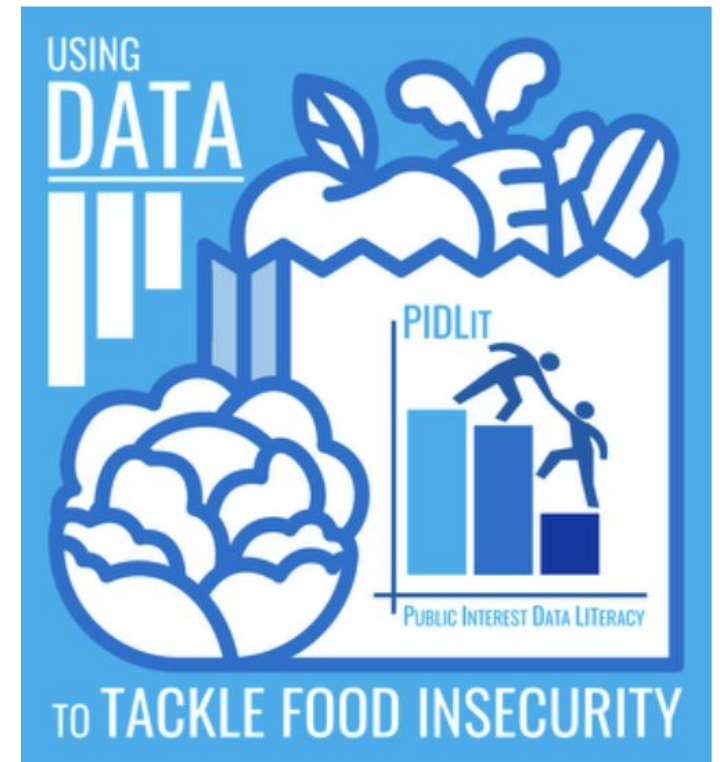
FOOD INSECURITY AT GSU: RESULTS FROM A STUDENT SURVEY

Halley E.M. Riley, PhD, MPH



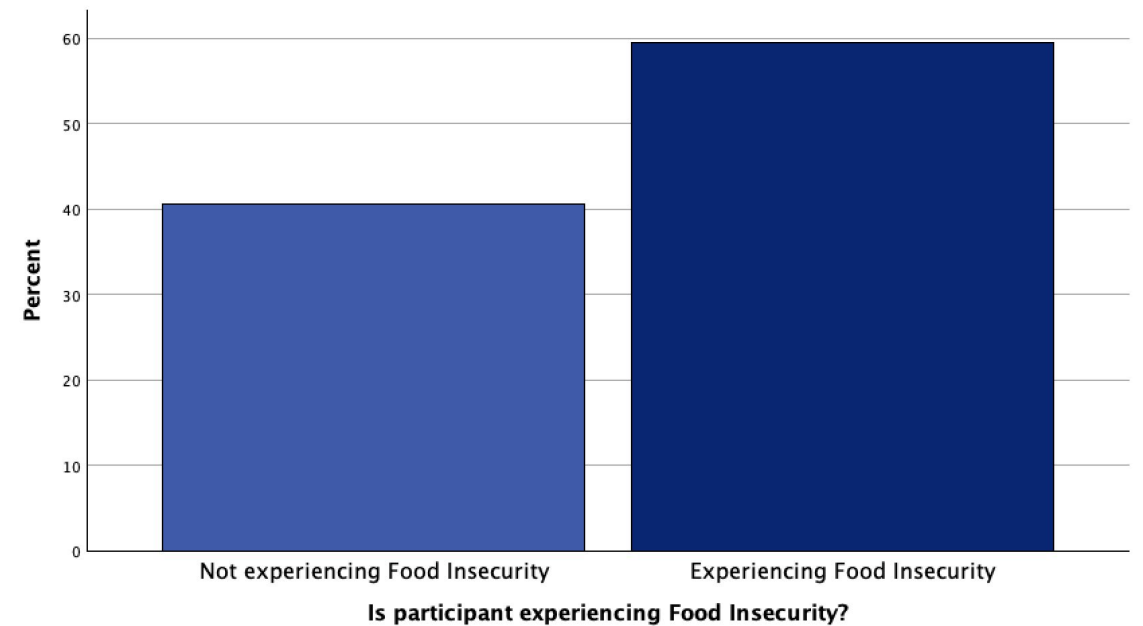
OVERVIEW OF OUR PUBLIC INTEREST DATA LITERACY (PIDLIT) LEARNING LAB

- Two-semester experiential learning course designed to teach students data skills in context of better understanding food insecurity
- Collaboration with Panthers Pantry, MARTA Fresh Markets, Wholesome Wave GA & ATLytics
- Two surveys: GSU students (n= 424) & MARTA riders (n=102) & qualitative data analysis (WWG focus group transcripts)
- Students analyzed data & presented findings to partners



KEY FINDINGS

- USDA 6-item Household Food Security Screener
- 59.4% of respondents (n = 252) reported some level of food insecurity (2-4 affirmative responses)
 - Of these 54.3% (n= 137) reported very low food security (5-6 affirmative responses)
- Cost biggest barrier to healthy eating (41.3%)
- Food insecurity led to fatigue (71.7%), mental health problems (39.6%), and stress (53.3%)



KEY FINDINGS

- No significant differences by gender, Hispanic/Latinx ethnicity, GSU campus, campus vs. non-campus housing, meal plan vs. not on meal plan
- Food insecurity significantly higher among:
 - Undergraduate students: 63.5% among undergrads vs. 46.0 % among grad students ($p = 0.003$)
 - Black-identifying students: 67.7% among Black students vs. 53.5% among non-Black students ($p = 0.005$)
- Food insecurity significantly lower among:
 - Asian-identifying students: 45.7% among Asian/ Asian American students vs. 63.8% among non-Asian/ Asian American students ($p = 0.001$)

QUESTIONS/ COMMENTS?

Learn more!



Let's be in touch!

Halley E.M. Riley, PhD, MPH

hriley@gsu.edu

Lauren Fournier

**Director, KSU CARES
Kennesaw State University**

KSU CARE Services



**FOOD,
WATER,
SHELTER,
SAFETY**



ASCEND CENTER



CARE SERVICES

52%

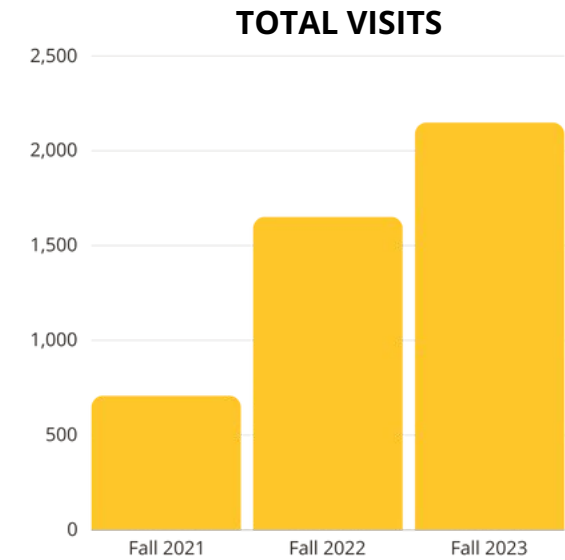
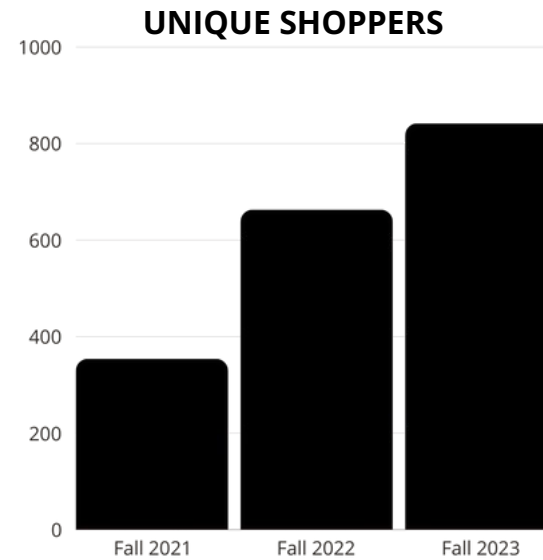
Of students at Kennesaw State report having limited or extremely limited food access over the past 12 months.

Spring 2024, ACHA-NCHS



CARE SERVICES

PANTRY DASHBOARD



Serving an increasing number of unique students in the pantry:

- Fall 2021: 354 students served, with a total of 708 visits to the Pantry
- Fall 2022: 663 students served, with a total of 1,652 visits to the Pantry
- Fall 2023: 842 students served, with a total of 2,149 visits to the Pantry

Increasing donations to meet demand:

- Fall 2022 - 10,950 pounds of food donated
- Fall 2023 - 18,946 pounds of food donated

Holiday Boxes:

- Work with campus partners to distribute holiday boxes for students remaining on campus without access to food



CARE SERVICES



**KENNESAW STATE
UNIVERSITY**

DIVISION OF STUDENT AFFAIRS
*Campus Awareness, Resource and
Empowerment Services*

Get Connected With Us



470-578-5260



careservices@kennesaw.edu



@ksu_care



@Kennesaw State CARE



care.kennesaw.edu

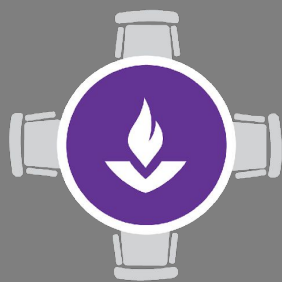
Kennesaw Campus
1000 Chastain Road
Kennesaw, GA 30144



Marietta Campus
1100 South Marietta Pkwy
Marietta, GA 30060

Elaine Martin

**Student Care Case Manager and Managers
Knight's Table (Food Pantry)
Swipe Out Hunger recipient/Share free resources
Middle Georgia State University**



KNIGHTS TABLE

EVERYONE DESERVES A SEAT AT OUR TABLE

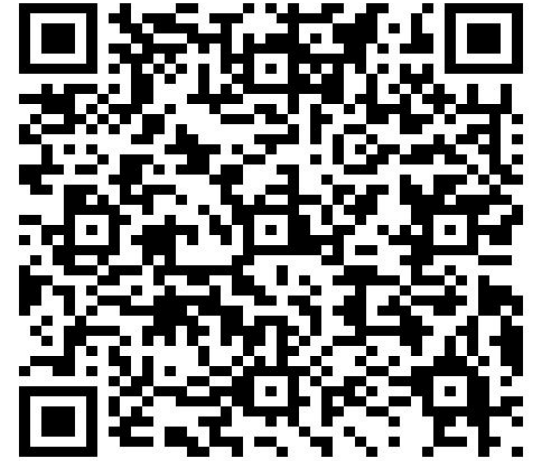
*Elaine K Martin
Student Care Case Manager
Middle Georgia State University*



Middle Georgia
State University

Office of Student Care

- Middle Georgia State University's undergraduate student enrollment for AY 2023-2024 was 8,435.
 - We have 3 residential campuses, 2 commuter campuses, and an online campus
- Student Care Programs at MGA:
 - Knights' Table
 - Embark Georgia
 - Student Emergency Access to Learning (SEAL)
 - Assessment & Care Team (ACT)



Food Security Programing

The Knights' Table is MGA's food pantry that is available to all students, staff, and faculty who are in need across all five campuses.

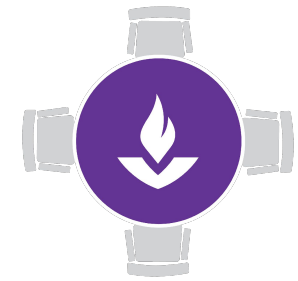
- Provides canned and dry goods
- Provides personal hygiene products
- Two on-campus locations
- Online request forms for prepackaged food bags and personal care kits

Single Stop at MGA

- 15-minute state and federal benefit screener

Dining Dollars Program.

- \$500 in dining dollars awarded to students with food insecurity who have experienced foster care and/or housing insecurity



KNIGHTS TABLE
EVERYONE DESERVES A SEAT AT OUR TABLE



FOOD SECURITY PROGRAMING CHALLENGES

Operational Info

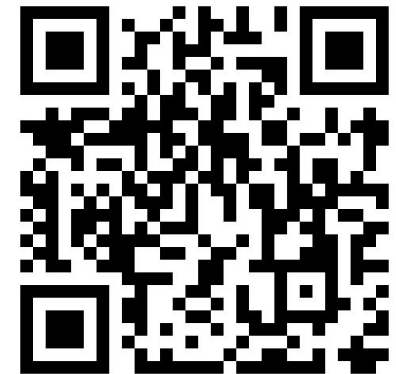
- Staffing
 - 1 full-time staff member
 - 2 social work interns
 - 1 federal work study
- Budget
 - Purely donation based
 - Local community partnerships
 - Received grants through Swipe out Hunger, Wal-Mart, Sam's Club, Embark Georgia and local community grants

Challenges & Barriers

- Awareness of services
- Stigma associated with using services
- Keeping up with demand
- Meeting online students' needs
- Time demand on staff

Resources

- Swipe Out Hunger
- Your University Foundation
- Local community pantries and/or food banks



1. Below you are going to be provided with several statements that people have made about their food situation. For these statements, please indicate whether the statement was often true, sometimes true, or never true for you/your household in the last 3 months. "The food that I bought just didn't last, and I didn't have money to get more." (Required)

Please Choose...



2. "I couldn't afford to eat balanced meals." Was that often, sometimes, or never true for you/your household in the last 3 months? (Required)

Please Choose...



3. In the last 3 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?

(Required)

Please Choose...



4. Please answer only if you selected yes for question 3. In the last 30 days, how many days did this happen?

5. In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food? (Required)

Please Choose...



6. In the last 3 months, were you ever hungry but didn't eat because there wasn't enough money for food? (Required)

Please Choose...





THANK
YOU

Elaine Martin

elaine.martin@mga.edu

(478) 757-2264

Abbi Flagg

**Student Care Coordinator
Office of the Dean of Students
Agnes Scott College**

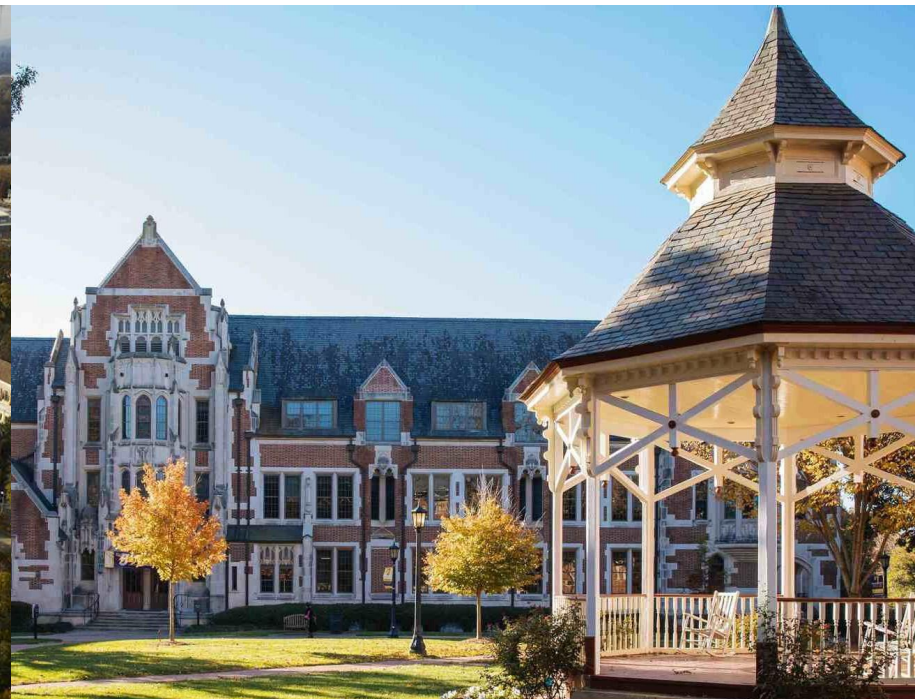
AGNES SCOTT

C O L L E G E

Abbi Flagg (she/her)

Student Care Coordinator, *Office of the Dean of Students*

aflagg@agnesscott.edu



College Information

Agnes Scott College educates women to think deeply, live honorably, and engage the intellectual and social challenges of their times.

- Small, private women's college in Decatur, GA
- Residential campus (83% of undergraduates)

Fall 2023 Enrollment Data

- **1,081** students
 - 915 Undergraduate
 - 166 Graduate & Post-Bacc.
- **62.1%** Students of Color
- **39.1%** Pell Recipients
- **26%** First-Gen
- Large population of LGBTQ+ students



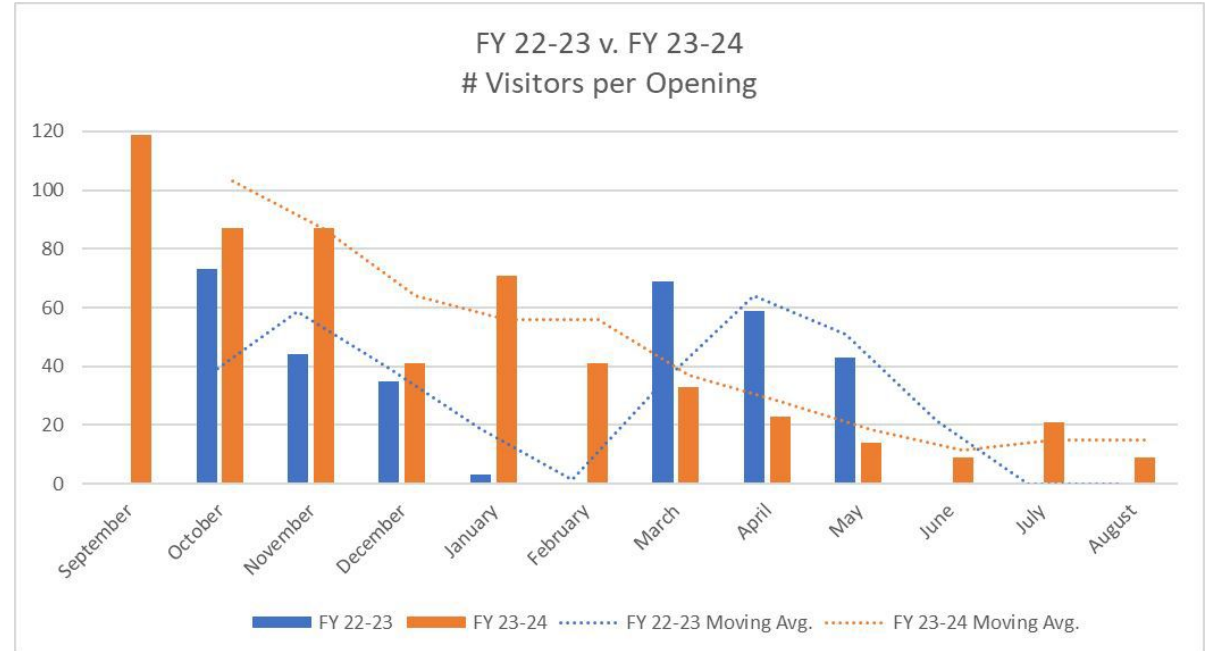
Basic Needs Programs & Initiatives

Scottie Supply Closet

- Supplies ASC students with free food, toiletries, and household supplies
- No documentation/proof of need required for access
- Open biweekly, or as needed through case management
- Funded by Student Affairs, SGA, and donations from campus community

AY 23 - 24:

- 555 total visits
- 275 unique visitors
- 21 high-need students (5+ usages)
- Visited by over 53% of first-year students
- Stark demographic differences in Fall/Spring usage and Summer usage



	Beginning Fall 2023	Retained to Fall 2024	
No Visits	112	87	77.7%
One Visit	50	43	86.0%
More Than One Visit	79	66	83.5%
Total First-Years	241	196	81.3%

	Beginning Fall 2023	Retained to Fall 2024	
No Visits	185	162	87.6%
One Visit	19	20	105.3%
More Than One Visit	17	16	94.1%
Total Sophomores	221	198	89.6%

Basic Needs Programs & Initiatives

Student Emergency Fund

- Students limited to max. \$300 per calendar year
- Prioritizes funding for food, housing, and textbooks

Non-Clinical Case Management

- Ongoing, holistic support for students experiencing chronic basic needs (food, housing, healthcare, transportation, etc.)
- Referrals to community resources and public assistance
- Financial planning and education

Current Challenges

1. Limited funding, staffing, and space
2. Data collection
3. Campus service disruptions
4. Finding the right “balance” as a small campus



Brienne McDaniel

**Director of Student Life
Overseas Highlander House (food pantry)
Gordon State College**



Gordon State College
Located in Barnesville, GA
(Lamar Co)
2 & 4 year degrees
3,100+ students
2738 commuter students



Highlander House

- **Open to all students**
- **Any Student can visit once a month**
- **5 food items and 5 non-food items per visit**
- **This year (August 16 - Sept 30)**
 - **32 in August**
 - **31 in September**
 - **48 unique visitors**





GSC Nursing Department
Fall 2023
Trick or Treat for Highlander House

Funding for Highlander House

- **GSC Foundation (donations and grants)**
 - **Swipe Out Hunger is our biggest grant**
- **In-Kind donations**
- **on-campus food drives**



DJ Roberts

**Care Case Manager, Off Campus Housing Initiatives
Manager, Open Paws Food Pantry
Augusta University**

2024 Georgia Campus Food and Nutrition Security Summit

**DJ Roberts, CARE Case Manager for Food Insecurity and Off-Campus Housing
Augusta University
October 24, 2024**

Key Points to highlight

- **Approx. 11,500 students (10% residential vs. 90% commuter)**
 - **Food Insecurity Initiatives**
 - **Pantries on Summerville/Health Science/University Village**
 - **Emergency Fund up to \$500**
 - **I-Give Campaign (Over \$40K in donations)**
 - **45 local pantries and distribution locations**
 - **Increase tracking of usage (currently at 2-3%)**
 - **Implementation of Food Access Map (assisted by Dr. Shaikh and Mr. Agrahari)**
-



Key Points to highlight

- **Successes**

- **Faculty and Student Lead Research/Feedback Dr. Griffith/Honors Program**
- **Increased the size of two locations and added a third location**
- **Currently in the process of adding refrigeration**
- **Student Culinary Council**
- **Navigating Implementation of donation of meal plans from one student to another**

- **Barriers/Challenges**

- **Reduce Stigma**
 - **Self-Disqualification (someone else needs it more)**
 - **Tracking (what's working for you)**
 - **Increased awareness (locations and spectrum of food insecurity)**
-





Dr Melissa Olfert

**Professor, Human Nutrition and Foods
School of Agriculture and Food Systems, West Virginia University**

The Big Picture Engaging Action to Impact: Campus Food & Nutrition Security Research Collaboration with a Dynamic Toolkit

Melissa Olfert, DrPH, RDN, West Virginia University

Melissa.Olfert@mail.wvu.edu



WISH
4 CAMPUS
WELLBEING INCREASED BY
SECURITY FROM HUNGER

Collaboration - Creating Best Practices

Food Pantries

- Source of emergency food directly to those in need
- Most common college food insecurity program¹
 - College and University Food Bank Alliance²
 - 2008: 3 universities
 - 2018: 641 universities

Farmers Markets & Campus Gardens

- Increase access to fresh, quality foods
- Can offer free or reduced cost produce to students in need
- Provide access to fresh, quality foods
- Can be integrated into existing food programs

Food Recovery

- Utilize unused food from campus dining halls and other sources
- Repurpose into ready-to-eat meals
- Food Recovery Network¹ and the Campus Kitchens Project²

Dining Programs

- Meal vouchers or dining assistance for students in need
- Swipes out Hunger¹

Mobile App Programs

- Often extension of campus dining programs
 - Swipes App¹
 - Share Meal App²
- Advantageous with younger generations



WISH
4CAMPUS
WELLBEING INCREASED BY
SECURITY FOOD HUNGER

A College Food Security Initiative Toolkit

"Hunger is not a problem. It is an obscenity.
How wonderful it is that nobody need wait a
single moment before starting to improve the
world."

- Anne Frank



WISH
4CAMPUS
WELLBEING INCREASED BY
SECURITY FROM HUNGER

Policy Change Recommendations

- Focus on making college more equitable
 - College affordability
 - Financial aid reform
 - National school lunch at college level
 - Expand SNAP benefits

Policy and Advocacy on Campus

- Food Security Task Force
- Training on assistance programs for faculty
- Student Assistance Programs
- Implement nutrition “life-skills” and money management into
- Contact Legislators to expand benefits for college students

Esha Venkat

**Sophomore, Public Policy, Georgia Tech
Co-founder and COO, NEST4US**

Georgia Campus Food and Nutrition
Security Summit:



NEST4US: NEST NURTURES

*By: Esha Venkat
Founder and COO, NEST4US
Public Policy Sophomore,
Georgia Tech*



ABOUT NEST4US



Shreyaa Venkat
22 years old



Esha Venkat
19 years old

Founders, NEST4US

Volunteer Family
NEST4US

7,500+ volunteers

of all demographics who altogether
have contributed 4.5+ million dollars in
value of volunteer hours

TACKLE OVER 14 OF THE
SUSTAINABLE DEVELOPMENT GOALS



Dual approach: Awareness + Action

Global Impact

Impacted tens of thousands
in 30+ countries across
6 continents!

NEST NURTURES: BRIEF OVERVIEW



Why are so many people living with food insecurity when so much safe, edible food that can feed them is thrown away?

1. FOOD RESCUES

BRIDGE BETWEEN FOOD DONORS IN THE CORPORATE SECTOR & FOOD INSECURE INDIVIDUALS



2. SERVICE PROJECTS

ASSEMBLE BAGS FILLED WITH ESSENTIAL ITEMS FOR COMMUNITIES IN NEED



3. FEEDING THE HUNGRY

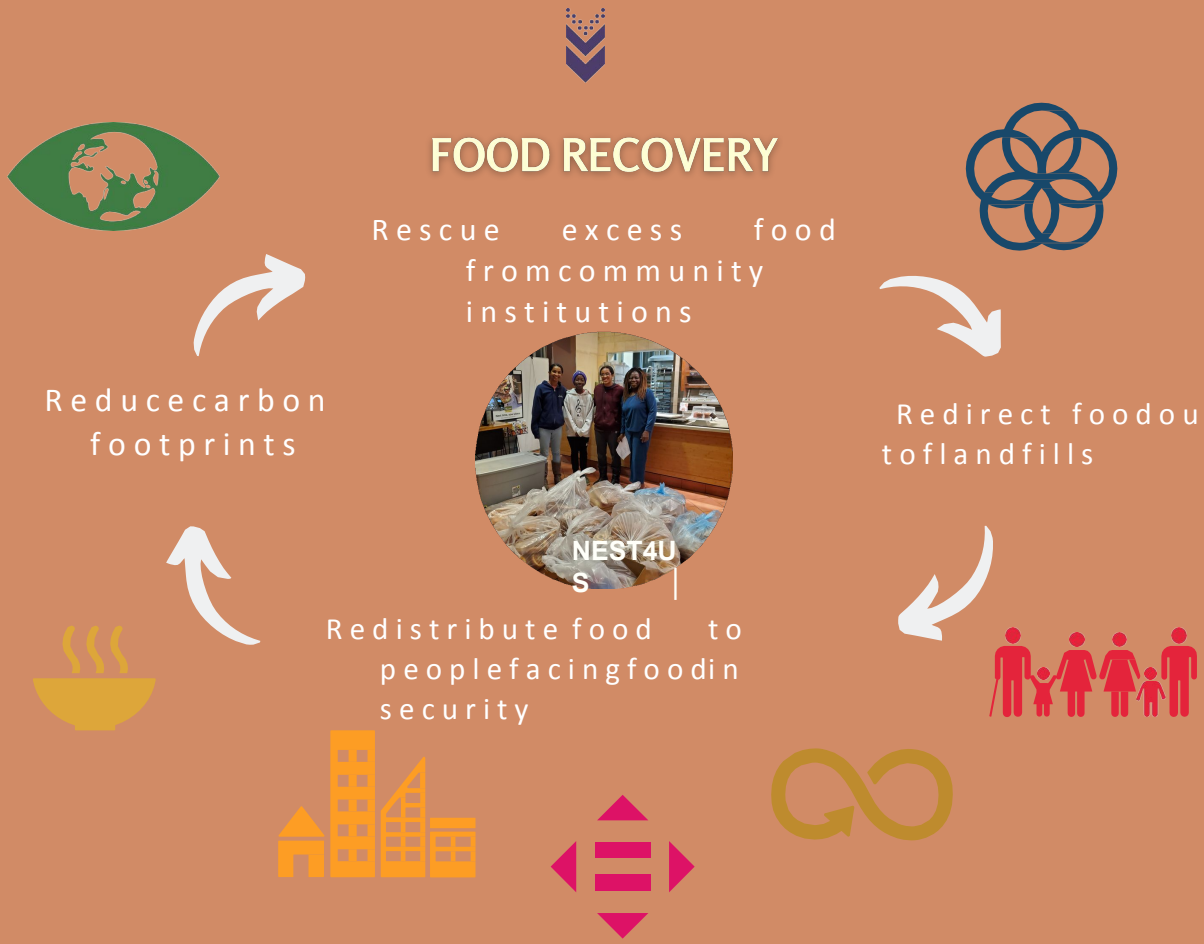
PROVIDE CONSISTENT NUTRITIOUS MEALS FOR UNHOUSED INDIVIDUALS & LOW-INCOME FAMILIES



THE POWER OF INTERSECTIONALITY: FOOD REDISTRIBUTION



CANGLOBALHUNGER, FOOD WASTE,CLIMATE CHANGE, POVERTY, & INEQUITABLE RESOURCE DISTRIBUTION BE ADDRESSED CONCURRENTLY?

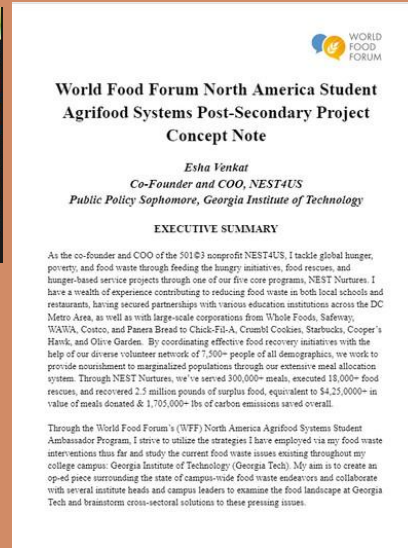


Over the past eight years, we've...

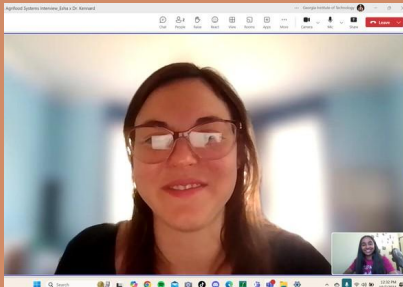
- Coordinated + executed 18,000+ food rescues w/ volunteer family
- Redistributed 2.5+ million lbs of surplus food from all sectors
- Served 300k meals for underserved communities worldwide
 - = \$2.1 million in value of meals donated and 1.7 million lbs of carbon emissions saved overall



WORLD FOOD FORUM NORTH AMERICA STUDENT AMBASSADOR PROGRAM: GT FOOD LANDSCAPE



- Advocated for sustainable campus communities by supporting locally-driven agrifood systems
- Transforming student-led policy concepts into strategic action
- Conducted interviews with sustainability personnel on campus and wrote an article on the GT food waste landscape
- Need to provide opportunities for more local action & research on food waste led by youth, for youth!



Join Our Team

GETTING INVOLVED AND SUPPORTING NEST4US



NEST Inspires

Host:

- Workshops
- Summits
- Conferences
- Panels

Host Service Projects

Mealtime Inspiration Kits

Blessing Bag Project: Care Packages

Gratitude Bags Filled With Chocolates & Thank You Cards

Sandwich Assembly Project: Sandwich Bags

Goodies4Good: Treat Bags

Notes of Encouragement, Gratitude, and Kindness Packs

NEST Tutors

Global quality education program: virtually tutor and mentor kids worldwide

MONETARY DONATIONS



ONLINE:

[PAYPAL.ME/NEST4US](https://www.paypal.com/NEST4US)

[VENMO.COM/U/NEST4USINC](https://venmo.com/U/NEST4USINC)

IN-PERSON:

CASH/CHECK PAYABLE TO NEST4US

VOLUNTEER YOUR TIME



CHECK OUT

WWW.NEST4US.ORG !

CONNECT WITH US



 @joinnest

 www.nest4us.org

 NEST4US

 info@nest4us.org

 @joinnest4

 linktr.ee/nest4us

 NEST4US

 linkedin.com/company/nest4us

 NEST4US



ESHA VENKAT

Email: esha@nest4us.org

Linkedin: linkedin.com/in/eshavenkat/



Sudip Agrahari

**Undergraduate Research Assistant, Nutrition
Sophomore, Computer Information Systems
Georgia State University**

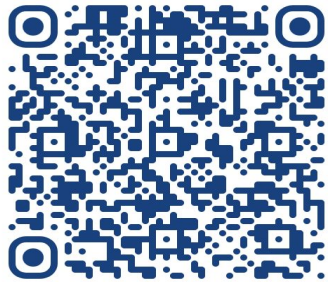
GSU Interactive Food Access Map

Steps in making the map:

1. Map Creation
2. Testing
3. Maintenance

Food Accommodations on the map:








- Halal
- Vegetarian
- Vegan
- Kosher



Scan To View Food Access Map



Map Legend

-  Vending Machines
-  Microwaves
-  Panther's Pantry
-  Panther Dining Hall
-  Campus cafe
-  Coffee shops and machines
-  On-campus Restaurants
-  Food trucks
-  Campus Bookstores
-  Campus Garden
-  Other support services

Overview of the Atlanta campus food environment

Kendra Gibeaut

**Junior, Acting
Georgia State University**

My story – Kendra Gibeaut, Junior

Acting Major

In Spring of 2024, I experienced food insecurity and did not realize it.

- **My mother sent me \$60 every week for basic essentials such as food and hygiene products.**
 - **I did my best to make it stretch but it still wasn't enough.**
 - **I found myself skipping meals or eating very small portions so I could make it to the next week.**
-

Why didn't I seek help?

Defining “food insecurity”

Do I qualify?

- I didn't know that what I was going through was food insecurity.
- I thought that I wouldn't “qualify” for the Panther's Pantry because I received help from my family.

Stigma

- I didn't want to admit I was struggling and needed extra support.
-

How can universities better help students?

- Provide more clear definition of “food insecurity”
- Better resource dissemination
 - Emails
 - More clear statements on course syllabus
- Brainstorm methods of destigmatizing food insecurity



Kamore Campbell

**Scholarship Coordinator, College AIM
recipient, Invisible Food Pantry**

Patti Ghezzi

Founder, Invisible Food Pantry

THE
INVISIBLE
FOOD PANTRY



We give college students
\$100 gift cards to the
grocery store of their
choice.

We also send college students
care packages filled with items
students choose.

invisiblefoodpantry.com

Follow us on Instagram:
[@invisiblefoodpantry](https://www.instagram.com/invisiblefoodpantry)



“On weeks when money was tight, I did not have to **choose between putting food on the table or buying my textbooks**. You **helped remove that stress** so that I could concentrate fully on excelling in the classroom. I can confidently say your program has played a role in allowing me to maintain my 3.8 GPA, as well as my Dean’s List status.

While **struggling with food insecurity is lonely and embarrassing**, knowing help was available through The Invisible Pantry brought me comfort. You upheld my dignity and empowered me to **continue pursuing my dreams of a college degree** even during financially difficult stretches.”



— Mikayla
Valdosta State University

Enid Draluck

Co-Founder, Metro Atlanta Food Consortium

Charles Sterne

**Senior Director, Economic Stability
United Way of Greater Atlanta**

Breakout Groups

Dr Michael Sanseviro

**Vice President
Dean of Students
Georgia State University**