

The Common Market: Local Food for the Common Good



Join Science for Georgia and Daniel Green at Rose Circle Park on August 14th at noon to learn how Common Market uses sustainable agriculture to bring Georgians locally grown food. Check out the Fulton County Library System for further learning!

Polyfaces

by Regrarians Media

(Movie on Kanopy)

A joyful film about connecting to the land and the community, the film follows the Salatins over four years as they produce food in a way that works with nature, not against it. Using the symbiotic relationships of animals and their natural functions, they produce high quality, nutrient-dense products. The Salatins regenerate their landscapes, communities, local economies, customer's health and most importantly their soils.

Permaculture For The Rest Of Us

by Jenni Blackmore

(eBook on Hoopla)

Blackmore is a farmer, artist, writer and certified Permaculture Design Consultant who built her house on a rocky, windswept island off the coast of Nova Scotia. In this title, learn how to successfully retrofit even the smallest homestead using skills such as: no-till vs. till gardening, composting, and soil-building, natural pest control and integrating small livestock, basic greenhouse construction, and harvesting.

The Family Garden Plan: Self-Sufficiency on 1/4 Acre

by Melissa K. Norris

(eBook on Hoopla)

This book describes a holistic approach to small-area farming that will show you how to produce 85 percent of an average family's food on just a quarter acre-and earn \$10,000 in cash annually while spending less than half the time that an ordinary job would require.

How to Be a Conscious Eater

by Sophie Egan

(eBook on Overdrive)

Egan, an expert on food's impact on human and environmental health, shows us that to eat consciously is not about diets, fads, or hard-and-fast rules. It's about having straightforward, accurate information to make smart, thoughtful choices amid the chaos of conflicting news and marketing hype.

Compost City

by Rebecca Louie

(eBook on Overdrive)

Urban composters are part of a bumper crop of pioneers who are redefining the green space of crowded towns and cities. Whether you live in a cramped apartment or a sprawling town house, or you dream of composting in a shared space with a group of friends or colleagues, Compost City provides simple and effective indoor and outdoor composting options.

The Art of Simple Food II

by Alice Waters

(eBook on Overdrive)

In this book, Alice shares her understanding of the whole plant, demystifying the process of growing and cooking your own food, and reveals the vital links between taste, cooking, gardening, and taking care of the land. Along the way, she inspires you to feed yourself deliciously through the seasons.



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Email Library.Outreach@fultoncountyga.gov for inquiries.

